



Promoting Quality of Life for Persons with  
Developmental and Related Disabilities

## THE OZAUKEE COUNTY ARC, INC.

[www.ocarc.org](http://www.ocarc.org)

P.O. Box 526, Port Washington, WI 53074-0526 – PHONE (262) 376-9503

### Meeting Notice

Monday, February 1, 2010 7:00 p.m.  
Portal Industries, 1015 Cedar Creek Rd., Grafton

### FEBRUARY 1 MEETING AGENDA

- I. Call to order
- II. Minutes of December meeting
- III. Treasurer's report
- IV. Announcements and correspondence
- V. Old business
  - A. Membership renewal
  - B. Additional grants proposed by Howard Mulloy and Craig Modahl
  - C. Newsletter editor replacement
- VI. New business
  - A. Grants
    1. MacPro laptop for Homestead Special Education Students
    2. Portal materials for orientation
  - B. IGS request
- VII. Adjournment

### MEMBERSHIP RENEWAL

It's time to renew your membership for 2010. About half of you have done so already and for the rest of you, a membership form will be included with the newsletter. Dues are \$25 for an individual and \$30 for a family. This includes your membership in ARC Wisconsin, the state organization.

If you can't find your membership form, or if you need one for a new member, you can download the form from our website, [www.ocarc.org](http://www.ocarc.org).

### PRESIDENT'S MESSAGE

**Cindy Helm**

"Let's start a support group" I have heard this a numerous times in the last few months that I have been OCARC president. Being a member of a support group for your child's specific diagnosis is a great resource. However, when it comes to people with disabilities, the gains that have been made in our society over the last 50 years are a direct result of the Arc.

It is our strength in numbers that pays off. Arc was in the forefront of the IDEA Act and numerous other social programs that have brought persons with developmental disabilities more acceptance and meaningful work in today's society. Let's keep Arc strong with our membership. Encourage your friends to have a membership in Arc also. The meetings held every two months are a great source of info and support as we travel this path together. If something peaks your interest, you can jump in and help as needed. It was the little pieces of service that put together the big picture we have today. We need your support.

Thank you,  
Cindy Helm

### OZAUKEE COUNTY CIRCLE OF FRIENDS

Sunday, March 7 - Hockey Game: Milwaukee Admirals vs. Peoria

Bus leaves west parking lot at Grafton Elementary School at 2:45. Tickets \$8 each or \$32.00 per family.

R.S.V.P. to Becky at 375-2606 by Feb. 26

## MEET OUR MEMBERS

### Carole Stuebe

#### Arc member since 1982

Carole's interest in working with people with disabilities started early in life as she watched and listened to her mother tutor a young boy after school. While In high school she tutored a fellow classmate and assisted with the Cerebral Palsy Olympics. For 8 years she spent time with a neighbor, providing "respite" for her family. Her name was Mary. Carole gives most of the credit to Mary for her career choice.

Carole initially considered Special Education, however the PL94-142 "Education of all Handicapped Children Act" or IDEA Act passed and the field was full in 1979. Her high school counselor suggested Public Health or Social Work for more career choices after graduation. She chose Social Work.

Carole's career started in Iowa with Community Based Residential Services. While working in the group homes, her employer asked her to start up their apartment living program. After getting married, Carole joined her husband in North Caroline who was in the Marine Corps. She then worked for a Community College where she taught Functional Life and Work Skills to adults with disabilities. She was then hired to develop a respite program for families of Onslow Co., including families residing on the military base.

One of Carole's long time desires was to work at Bethesda Lutheran Home. After her husband's military commitment was up, they moved to Wisconsin. While working at Bethesda, she realized her passion was with community based services.

Carole began work at Portal in 1989 as an ADS/Pre-vocation counselor. The opportunity to develop the Supported Employment Program for Ozaukee County was made possible 20 years ago by a grant written by Fred Hesselbein. The services at Portal have evolved into assisting individuals to be more actively involved in community life experiences and employment.

Carole is currently the Executive Director at Portal, Inc. She believes that the people we all know and care about need our assistance to "get connected" with other community members through regular community experiences. Parents and service providers cannot do it all alone. We need all the community connections possible to develop opportunities to best meet people's needs and provide meaningfulness in people's lives. Carole adds, *"Independence is overrated! Who is really independent? We all count on others every day. Skills can be developed in more independent ways but we are all truly interdependent and usually our lives function best that way. We need to better recognize the unique qualities that people have and the variety of ways people are, and can be, contributing members of our community, our businesses and our lives."*

## OZAUKEE COUNTY SPECIAL OLYMPICS

### Ross Rintelman

**Volleyball** The fall season of volleyball ended with a state tournament at the Waukesha Sports Complex. All three teams of Ozaukee County took fourth place.

**Bowling** The Ozaukee County Jets bowling team took 3<sup>rd</sup> place at state. It was held at the AMF Bowlero Lanes in Wauwatosa.

**Basketball** Milwaukee Recreation will host the 19<sup>th</sup> annual Milwaukee Public Schools Special Olympics Classic Tournament on Saturday, January 23<sup>rd</sup> at South Division High School. Forty-seven teams from Milwaukee, Ozaukee and Washington Counties will compete. This is the first tournament of the Special Olympics basketball season and Milwaukee's largest Special Olympics tournament of the year. On February 6<sup>th</sup> and 7<sup>th</sup> there will be another Milwaukee Classic Tournament at Milwaukee Vincent High School.

## NEWSLETTER EDITOR

I'm still looking for a replacement. Now that we meet during the even numbered months, there are only six newsletters per year. Its main purpose is to remind the members of the upcoming meeting and to provide the minutes of the previous meeting. If you're interested, call me at 262-284-2066 or email at [kanadolski@sbcglobal.net](mailto:kanadolski@sbcglobal.net).

**OCArc, Inc. Minutes**  
**December 7, 2009**

Vice-President Karen Nadolski called the meeting to order at 7:05 P.M., with 5 members present.

**Secretary's Report**

The Secretary's report for August was reviewed. A motion was made by Ray Cary to approve the minutes, seconded by Karen Nadolski, and approved by all.

**Treasurer's Report**

The Treasurer's report as of December 7, 2009 shows total cash of \$37,086.45. We have \$7,697.00 in a checking account, and \$29,389.45 in a Money Market Account. Laurie Williams accepted the report for the group.

**OLD BUSINESS**

There was no old business.

**NEW BUSINESS**

1. We received a thank you note from Balance, Inc. for our contribution to the assistance and support center they are establishing for adults with developmental disabilities.
2. Cindy Helm and Karen Nadolski participated in the Homestead High School Transition Night 2009 and a thank you note was received for their participation.
3. A special catalog was received which shows adaptive clothing for persons with physical limitations, if anyone is interested in reviewing the catalog they should contact Karen or Cindy.
4. Howard Mulloy brought up the issue of using some of our money towards more programs. We have a relatively large balance in our accounts, and are capable of doing more than four grant requests a year. One idea is assisting with a program for underserved teenagers in Ozaukee County. There was a prior discussion of Balance, Inc. developing a Summer Recreation program for teenagers. Some of the issues for this program would be getting volunteers for this age group and costs for staff and transportation. There was also the question of could multiple sponsors be found. Craig Modahl, of Balance, Inc. will look into the details such as cost, number to be served, etc., and report back at a future meeting. There was also a discussion on providing funding for families with special needs that are not currently being met. Howard Mulloy will look into this and report back at a future meeting. If individuals have other suggestions they should attend the February 2010 meeting and bring the items up at that time.
5. There were not enough members present to discuss the issue of replacing Karen on the newsletter. If anyone is interested they should give Karen a call.

The meeting was adjourned at 7:40 P.M. by Vice-President Nadolski.

Respectfully submitted,  
Laurie L. Williams,  
Secretary